

## RECOMMENDED BOOKS AND MOVIES

The following list is a small sample of the books and movies that contain the information I have used to change my thinking and create the new beliefs explained in my ebook. Since humans all have many things in common, this information could help open up and expand your horizons, but since we are all different, too, take what makes you feel good (I mean the real self, not the ego) and leave the rest. Thank you for your interest, and if you have any questions or comments, I would love to hear from you. Any contact information can be found on my website at [www.tranquilhearts.com](http://www.tranquilhearts.com).

Arntz, W., B. Chasse and M. Vicente (Directors). (2004). *What The Bleep Do We Know!?* [Motion Picture]. United States: Twentieth Century Fox.

Bartlett, R. (2007). *Matrix Energetics*. New York: Atria Books.

Becker, G. (Director). (2009). *The Living Matrix* [Motion Picture]. United States: Emaginate.

Boone, J. A. (1954). *Kinship With All Life*. New York: Harper & Row.

Borysenko, J. (1990). *Guilt Is The Teacher, Love Is The Lesson*. New York: Warner Books.

Burns, D. D. (1981). *Feeling Good, The New Mood Therapy*. New York: Signet.

Butler, S. (1935). *War Is A Racket*. New York: Round Table Press, Inc. (free off internet)

Carrington, P. (1977). *Freedom In Meditation*. New York: Anchor Press/Doubleday.

Crawford, T. L. (Director). (2005). *Free Energy And Antigravity Propulsion* [Motion Picture]. United States: UFO TV Studios.

Dass, R. (1978). *Journey of Awakening: A Meditator's Guidebook*. New York: Bantam Books.

Delaney, G. (1988). *Living Your Dreams*. San Francisco: Harper & Row.

Denning, H. M. (1996). *True Hauntings, Spirits With A Purpose*. St. Paul, MN: Llewellyn.

Dispenza, J. (2007) *Evolve Your Brain*. Deerfield, FL: Health Communications, Inc.

Eadie, B. J. (1992). *Embraced By The Light*. Placerville, CA: Gold Leaf Press.

Frankl, V. E. (1959). *Man's Search For Meaning: An Introduction to Logotherapy*. New York: Beacon Press.

Freeman, E. E. (1993). *Touched By Angels, True Cases of Close Encounters of the Celestial Kind*. New York: Warner Books, Inc.

Gawain, S. (1978). *Creative Visualization*. New York: Bantam Books, Inc.

Gordon, S., M. Spurlock, et al (Directors). (2010). *Freakonomics* [Motion Picture]. United States: Magnolia Pictures.

Halberstam, Y. and J. Leventhal. (1997). *Small Miracles*. Holbrook, MA: Adams Media Corporation.

Hart, T. (2003). *The Secret Spiritual World of Children*. Maui, HI: Inner Ocean.

Hill, N. (1960). *Think & Grow Rich*. New York: Fawcett Crest. (free off internet)

*Holy Bible*. (New International Version). (1978). Grand Rapids, MI: Zondervan Bible Publishers.

Larkin, A. (2009). *Igniting The Sacred Fire, Reinventing Yourself At Any Age*. Troy, IL: Minan Publishing.

Lipton, B. H. (2005). *The Biology of Belief*. Carlsbad, CA: Hay House, Inc.

Mack, J. E. (1994). *Abduction, Human Encounters With Aliens*. New York: Charles Scribner's Sons.

Marrs, J. (1997). *Alien Agenda, Investigating The Extraterrestrial Presence Among Us*. New York: HarperCollins.

McKay, M. and P. Fanning. (1987). *Self-Esteem*. Oakland, CA: New Harbinger Publications.

McTaggart, L. (2001). *The Field: The Quest for the Secret Force of the Universe*. New York: HarperCollins Publishing.

McTaggart, L. (2007). *The Intention Experiment*. New York: Free Press.

Morgan, M. (1991). *Mutant Message Downunder*. Lees Summit, MO: MM Co.

Morse, M. with P. Perry. (1992). *Transformed By The Light*. New York: Ivy Books.

Nathan, R. G., T. E. Staats, et al. (1987). *Instant Stress Relief*. New York: Ballantine Books.

Pascoe, W. (Director). (2003). *Noam Chomsky: Rebel Without A Pause* [Motion Pictures]. Bulgaria and United States: Docurama Films.

Pearl, E. (2001). *The Reconnection Heal Others, Heal Yourself*. Carlsbad, CA: Hay House, Inc.

Peck, M. S. (1978). *The Road Less Traveled*. New York: Simon and Schuster.

Piper, D. with C. Murphey. (2004). *90 Minutes In Heaven*. Grand Rapids, MI: Revell.

Piper, D. and C. Murphey. (2007). *Heaven Is Real*. New York: Berkley Praise.

Reichle, F. (Director). (1997). *The Knowledge of Healing* [Motion Picture]. Switzerland: Icarus Films.

Rinpoche, S., P. Gaffney and A. Harvey. (2002). *Tibetan Book of Living and Dying*. New York: HarperCollins.

Ritchie, G. G. with E. Sherrill. (1978). *Return From Tomorrow*. Grand Rapids, MI: Baker Book House.

Rhodes, R. (2000). *Why They Kill: The Discoveries of a Maverick Criminologist*. New York: Vintage.

Scheinfeld, R. (2006). *Busting Loose From The Money Game*. Hoboken, NJ: Wiley

Shockey, P. (1999). *Reflections of Heaven*. New York: Doubleday.

Siegel, B. S. (1990). *Peace, Love & Healing*. New York: HarperCollins.

Smith, H. W. (1987). *My Spiritual Autobiography, The Unselfishness of God*. Princeton, NJ: Littlebrook Publishing, Inc.

Talbot, M. (1991). *The Holographic Universe*. New York: HarperPerennial.

Young, J. E. and J. S. Klosko. (1993). *Reinventing Your Life*. New York: Penguin Group.

Ventura, J. and D. Russell (2010). *American Conspiracies*. New York: Skyhorse Publishing.

Walker, L. (Director). (2009). *Countdown To Zero* [Motion Picture]. United States: Magnolia Pictures.

Weil, A. (1995). *Spontaneous Healing*. New York: Alfred A. Knopf.